

New Elementary 3
Unit 1 Reading
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A Short History of Pizza

history = the knowledge of the past

What do you like on your pizza? Cheese? Tomatoes? Sausage? People may disagree on their favorite ingredients, but many people agree that pizza is a favorite food. Where and when did people start making pizza? To find out, we have to travel back in time.

disagree on = disagree about

disagree ≠ agree

ingredient = things that we use inside our food

Pizza is a favorite food. = Pizza is very popular. = A lot of people like pizza.

to find out = **in order to** find out = if we want to understand

- in order to = so as to
- find out = understand

Thousands of years ago, people used ancient types of wheat and other grains to make flat bread on the hot rocks of their campfires. At some point in time, early cooks started putting other kinds of food on the bread - using the bread a plate.

ancient = very old

type = kind, sort



wheat

grains = cereals

flat = smooth, even

rock = a big stone

as = like

Over time, pizza began to look more like the food we know today. When Europeans arrived in the Americas, they saw Native American people eating tomatoes. When they brought tomatoes back to Europe, however, people there wouldn't eat them. They thought eating tomatoes could make them ill.

over time = as time passed

begin = start

begin ⇨ began

the Americas = North America + South America

bring ⇨ brought

however = but

people there = people over there

will ⇨ would

ill = sick

Slowly, however, Europeans discovered that tomatoes were delicious and safe to eat. Cooks in Naples, an Italian city, began putting tomatoes on their flat bread. The world's first true pizza shop opened in Naples in 1830. People there ate pizza for lunch and dinner. They even ate it for breakfast!

discover = find out

delicious = yummy, tasty ≠ tasteless, yucky

safe ≠ unsafe, dangerous

pizza shop = pizzeria

1830 = eighteen thirty

even = surprisingly



Antica Pizzeria Port'Alba, the First Pizza Shop in the World



A View of the City of Naples in Italy

People now eat around five billion pizzas a year, and everyone has their favorite kind. Brazilians love green peas on their pizza. Russians like fish and onions. People in India use lamb. The Japanese think seafood on pizza is good. Some pizzas are truly strange, yet all of them share one thing. Each begins with a slice of bread.

around = about; almost; nearly

five billion = 5,000,000,000

lamb = the child of a sheep

lamb = the meat of a lamb

truly = really

strange = unusual

yet = but

All of them share one thing. = One thing is the same in all of them.

each = each of them

Full Text:

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Source:

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